



## *Booking form*

*Love Yourself, Heal Your Life® weekend workshop  
28-29 January 2023*

**Name:**

**Address:**

**Telephone:**

**Email:**

**For venue planning:**

(a) Do you have any special needs for a physical challenge? If yes, please specify:

(b) I provide light refreshments – drinks and biscuits etc – so it would be helpful to know if you have any special dietary requirements?

**Strictly confidential personal information**

Please be as honest as you feel able to be.

**1. Briefly describe any challenge(s) in your life right now (e.g. health, relationship, career).**

2. **Have you had any experience of Louise Hay's books or workshops, or any other personal development work? Don't worry if you haven't; it's not necessary. But if you have, how has it helped?**

3. **Self-assessment: what are your strengths (e.g. intuitive, compassionate, creative) and how would you *like to grow*?**

4. **Are you currently in therapy or have you been in therapy over the last 5 years?**  
If yes, please give a few more details.

5. **How did you hear about this workshop**

**Payment options:**

\_\_\_\_\_ I am paying in full: £175 earlybird until 6 January, £195 from 7 January.  
(by bank transfer: MS J K MATTHEWS, 09-01-28, a/c 62113327; or by cheque payable to Jane Matthews).

\_\_\_\_\_ I would like to pay in two instalments and enclose/have transferred the first payment of £95

**Agreement (the small print!)**

I understand I am responsible for my own actions during the 2-day *Love Yourself, Heal Your Life*® weekend and that the work we will be doing is for self-improvement and personal development. Any need for professional therapeutic services must be secured outside this group.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Please return form to: **Jane Matthews, 21 Station Terrace, Great Linford, Milton Keynes MK14 5AP, England**